

OREGON AFCS NEWSLETTER



Message from the President

Pam Simpson simpsonporafcs@gmail.com

Fall has arrived and your board would like to share all the exciting NEW things we've been working on:

★ **NEW WEBSITE:** oregonafcs.org

Explore the tabs, there's much to see, and more will be added as we develop the site.

★ **NEW LIST-SERVE**

The OSU list-serve will be ending soon, so we encourage you to request to be part of the [ORAFCS email list](#). Please spread the word to other FACS educators and others in related fields to join our community.

You are receiving this email because you're either: part of the OSU list-serve, signed up to join ours, or a colleague forwarded this email.

★ **2026 CONFERENCE**

We are so privileged to host Shauna Tominey, as well as provide hands on workshops and resources for our attendees.

Register for the pre-conference tour when registering for the conference.

Read more on page two of this newsletter.

★ **NEW OSU FACS MINOR**

OSU has created a new pathway to a FCS minor degree. With the Family and Consumer Sciences (FCS) minor you'll build foundational knowledge and practical skills to support diverse individuals, families and communities across the lifespan. [learn more here.](#)

★ **AAFCS Membership Discount**

AAFCS is offering a 33% discount for renewing and new Professional members. A portion of the fee comes back to ORAFCS to help us provide support for you.

ORAFCS 2026 Conference

Get Your Cape On!



Keynote Speaker
Shauna Tominey,
Ph.D. OSU HDFS
Associate Professor
*Everyday Superheroes:
How Family and
Consumer Science
Professionals Are
Saving the World*

Pre-conference tour: Nov. 11, 2026

Central Coast Food Web, 10-11am
3814 Yaquina Bay Rd. Newport
Led by Darlene Khalafi, business innovation specialist, 100% fish program.
No host lunch to follow at Local Ocean Seafood, Newport waterfront.
Non conference attendees welcome.

**[Register for ORAFCS
Conference & Pre conference
tour Here](#)**

In This Issue

- ❖ [ORAFCS New Website](#)
- ❖ [ORAFCS email list](#)
- ❖ [ORAFCS Conference](#)
- ❖ [New OSU FACS Minor Degree](#)
- ❖ [FCS Page on the ODE Website](#)

2026 ORAFCS Conference News

Shauna Tominey (she/her) is an Associate professor in Human Development and Family Sciences at Oregon State University and the state coordinator for the Oregon Parenting Education Collaborative.



As a former early childhood teacher and parenting educator, Shauna blends practical experience with research to develop programs that promote social and emotional skills for children and adults. She is the author of “Creating Compassionate Kids: Essential Conversations to Have With Young Children” and a contributor for PBS Kids for Parents. Her favorite moments come from spending time with her family, learning something new from the community, and shared moments that help us see humanity in one another.

Pre-Conference Tour:

For those staying at the coast, we are offering a tour for you *and non conference attendees*. We will tour

The [Central Coast Food Web](#), Nov. 11th, 10-11am

The core mission at the CCFW is to strengthen our local, coastal and regional food systems by providing services and support to small, independent food producers and making it easier for all people to eat local food.

A no-host lunch to follow at Local Ocean Seafood, Newport.

Keynote Description:

Everyday Superheroes: How Family and Consumer Science Professionals Are Saving The World!

In a rapidly evolving world, change is happening faster than our brains can process it. Children and teens are navigating typical developmental milestones along with information overload, constant digital connectivity, and worries about the state of the world. Living in a society that is cultivating chronic stress needs an antidote! In this keynote workshop, we will celebrate the critical role of FCS Professionals as everyday superheroes. FCS educators create opportunities for students to practice essential life skills, developing the antidotes they need for chronic stress: connection, compassion, creativity, and healthy living. It is no easy task to do all of this while competing against so many other demands for their own and their students' time and attention. We will also practice strategies that support educator well-being because Superheroes deserve care, too!



ORAFCS
Fall Conference
SAVE THE DATE
Nov. 12, 2026
Oregon Coast Community College
Newport, Oregon

[Register for the 2026 Conference Here](#)

[See the Conference Program Here](#)



More from ORAFCS President

If you're a member of AAFCS you are receiving information on so many topics. Here's some examples:

1. The AAFCS Member Open Forum recently presented ["Policy News"](#) with Federal updates around Health, SNAP, and Food Allergies. "State News" mentioned Oregon's new requirements for new community-based-care licensing.
2. Sign-up for the Oct. 6, 2026 ["Be a Teacher Day" webinar](#) with Goodhart-Wilcox (G-W) and AAFCS Teacher of the Year, Shawna Wilcox on "What teaching FCS looks like in Action"
3. [July 30, 2026 Julie Stefanski MEd, RDN, with G-W, presented a webinar](#) on their youtube channel for teaching the new "Dietary Guidelines for Americans and Educators" addressing the latest guidelines set by our current national administration. She also mentioned updated resources for those that use their textbooks to teach foods and nutrition.

This is only a sample of the type of content that AAFCS sends out. There's so much more to keep you connected and updated as to what our profession offers.

Please note that this year's conference is offering a pre-conference tour on Nov. 11, 2026 (Veteran's Day) at the "Central Coast Food Web". They are working with the fishing industry to create marketable products from waste byproducts. There's no additional fee for the tour and you can bring a guest. You are encouraged to join us for a no-host lunch at the Local Ocean Seafood restaurant that also has a fish market. The market identifies the boat that the product is sourced from.

Please check-out our new website: oregonafcs.org Register for our conference. Request to be part of the ORAFCS emailing list, and join AAFCS at a discount rate if you're not a member.

Looking forward to seeing many of you in November in Newport.

Pam Simpson ORAFCS President and Conference Chair

Join AAFCS - Discounted Rate

Not a member? AAFCS is offering a discount! The conference bundle offers a \$100 professional rate for new and returning professionals; the returning professional rate is normally \$150.00.

Also, part of your dues are sent back to ORAFCS, which helps support our operating expenses and provide resources for FCS educators. We encourage you to [join AAFCS here](#).

Need PDU's?

AAFCS also provides many opportunities through webinars and other resources for Professional Development Certificates. As well as lesson plans and classroom resources.

Collaboration: FACS educators often feel isolated in their own departments. By joining ORAFCS, getting involved with the board, and attending our conference, you become part of the FACS community. We share ideas and work together to make FACS teaching easier. We are a friendly group that welcomes new faces and ideas.



[Click here](#) for a peek at the annual AAFCS conference lineup.

How to Find FACS at ODE

STEP 1: Go to the Oregon Department of Education home page oregon.gov/ode

STEP 2: Click or search “Career and Technical Education”

Oregon's ESSER III State Plan

Information on the plan for using funds from the federal American Rescue Plan.

Ready Schools, Safe Learners Resiliency Framework for the 2021-22 School Year

Mental Health Resources

Resources to promote and support mental health and well-being.

Students & Families

- Special Education
- Education Equity
- Civil Rights
- Complaints and Appeals
- Child Nutrition Programs
- Graduation Requirements and College Preparation
- Student Records and Privacy
- Graduation Improvement
- Health, Wellness and Safety
- Full Day Kindergarten
- Mental Health & Well-Being Resources

Educator Resources

- Standards
- Student Assessment
- Comprehensive School Counseling
- Oregon Educator Network
- Oregon Open Learning
- Educator Effectiveness
- Educator Advancement Council
- Teacher Licensure
- Teaching Material and Content Resources
- Teacher Recognition

Schools & Districts

- Student Success Act
- School Directory and Institution IDs
- Grants and School Funding Resources
- Profiles & Report Cards
- State E-Rate Program and Broadband Connectivity
- Finance Resources and Information
- Resources for School and District Office Administrators
- Transfers Between Districts
- High School Success
- Innovation and Improvement

Learning Options

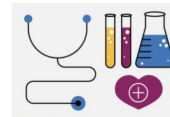
- Early Learning Division
- Youth Development Council
- Types of Schools in Oregon (Charter, Private, Alternative)
- Home Schooling in Oregon
- Oregon School for the Deaf
- Talented and Gifted Student Services
- Career and Technical Education**
- Oregon General Equivalency Diploma (GED)
- Private Career Schools
- Summer Learning Resources

STEP 3: Scroll part way down the page to find the “Family and Consumer Sciences” link in the left side navigation column. We’re listed under HIGH QUALITY PROGRAMS OF STUDY. (Very fitting!)

CTE Revitalization Grant
CTE Plan/Perkins V Development
CTE Funding Home
Additional Grant Opportunities

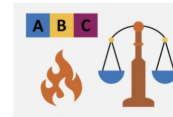
HIGH QUALITY PROGRAMS OF STUDY

- Agriculture, Food and Natural Resources Systems
- Arts, Information and Communications
- Business and Management
- Career and Technical Student Organizations
- Career Area Resources
- CTE Oregon Skill Sets
- CTE Programs of Study - Approval & Administration
- CTE Programs of Study Application Process
- Family and Consumer Sciences**
- Health and Biomedical Sciences
- High Quality CTE Program of Study Rubric
- Human Resources
- Industrial and Engineering Systems
- Industry Recognized Credentials
- National Health Science Standards (NHSS)



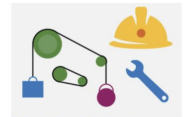
Health Sciences

Studies focus on five career pathways, including: biotechnology research and development, diagnostic services, health informatics, support services, and therapeutic services.



Human Resources

Studies focus on a diverse range of careers, including: education, child development, fire and safety, corrections, law and government, and national security.



Industrial and Engineering Systems

Studies focus on technologies used to design, develop, install, operate, maintain, and upgrade physical systems. These can include: engineering, mechanical systems, manufacturing technologies, precision production, construction, electrical systems, and electronics and information technologies.

CTE offers Oregon students a chance to explore different career opportunities they might like to pursue after high school through applied learning. CTE helps students discover their passion and inspires life-long learning. CTE—find yourself here.

Some courses can change the course of everything.

